

MENU November 6 – 10,2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EARLY SNACK					
AM SNACK	Cheerios Seasonal Fruit Water/Milk	WW Bread w/Jam Seasonal Fruit Water/Milk	Blueberry Loaf Seasonal Fruit Water/Milk	Nutri Grain Bars Seasonal Fruit Water/Milk	Oatmeal w/Dried Cranberries Water/Milk
LUNCH	Fried Rice w/Tofu Seasonal Fruit Water/Milk	Lentil Soup w/Crackers Seasonal Fruit Water/Milk	Pesto Pasta Seasonal Fruit Water/Milk	Perogies Seasonal Fruit Water/Milk	Cheese Quesadillas Seasonal Fruit Water/Milk
PM SNACK	Assorted Crackers Apple Sauce Water/Milk	Rice Cakes Seasonal Fruit Water/Milk	Biscotti Seasonal Fruit Water/Milk	Vegetable Tray w/Dip Cheese Cubes Water/Milk	Nachos Water/Milk
LATE SNACK					

Nota Bene: Veg options are available as well.

