

MENU October 5 – 9, 2020

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------|--|---|--|--|--|
| EARLY SNACK | | | | | |
| AM SNACK | Rice Krispies & Seasonal Fruit Water/Milk | Waffles & Seasonal Fruit Water/Milk | Blueberry Loaf & Seasonal Fruit Water/Milk | Oatmeal Porridge w/Raisins & Cranberries Water/Milk | Mini Wheats & Seasonal Fruit Water/Milk |
| LUNCH | Grilled Cheese & Tomato Soup Seasonal Fruit Water/Milk | Pesto Pasta & Seasonal Fruit Water/Milk | Chicken Stew w/Rice & Seasonal Fruit Water/Milk | Baked Fish & Sweet Potato Fries & Seasonal Fruit Water/Milk | Build Your Own Sandwiches & Seasonal Fruit Water/Milk |
| PM SNACK | Oatmeal Cookies Seasonal Fruit Water/Milk | Vegetable Crackers & Seasonal Fruit Water/Milk | Nutri Grain Bars & Seasonal Fruit Water/Milk | Digestive Cookies & Apple Sauce Water/Milk | Yogurt & Seasonal Fruit Water/Milk |
| LATE SNACK | | | | | |

Nota Bene: Veg options are available as well.

